

SALAD PODS

VEGETARIAN

Greek Salad

Tomato, capsicum, cucumber, onion, olives, feta cheese

Tomato Salad

Tomato, garlic, olive oil, basil leaves

Mixed Salad

Mixed leaves, tomato, cucumber, onion, light dressing

Rocket & Pear Salad

Rocket, shaved pear, shaved parmesan, balsamic dressing

Pumpkin Salad

Roasted pumpkin, pine nuts, raisins, rocket leaves, blue cheese, dressing

Caprese Salad

Tomato, bocconcini, basil leaves, olive oil



MIXED

Mixed Salad

Cos lettuce, carrot, cucumber, onion, mushrooms, tomato, light dressing

Beetroot Salad

Roasted beetroot, walnuts, Danish feta, parsley leaves, light Italian dressing

Caprese Salad

Tomato, bocconcini, olive oil, basil, rocket lettuce

Falafel Salad

Falafel, hummus, garlic, mayonnaise, tabouli

Grilled Haloumi Salad

Grilled haloumi, lettuce, tomato, light dressing

Mediterranean Salad

Grilled eggplant, grilled zucchini, grilled pumpkin, roasted capsicum, rocket, shaved parmesan

Lentil Salad

Lentils speck, white cabbage, carrot, onion, celery, light dressing

MEAT

Chickpea Salad

Chickpeas, pulled beef, fresh herbs, yogurt dressing

Quinoa Salad

Quinoa, chopped salad, grilled chicken, light dressing

Pasta Salad

Penne pasta, poached chicken, sun dried tomatoes, pesto dressing

Seafood Salad

Poached mixed seafood, celery, onion, carrot, parsley, light citrus dressing

Chicken Caesar Salad

Grilled chicken, cos lettuce, bacon bits, croutons, boiled egg, citrus mayonnaise

Roast Beef Salad

Sliced roast beef, mixed leaf, dijon mustard dressing

Salad Pods 15 pods for \$90

Choose up to 3 different salad combinations



Choose your location
www.enzoscucina.com.au



BAGUETTES OR WRAPS

BREAKFAST

Scrambled Eggs

Scrambled eggs, fresh spinach, tomato relish

Egg Bacon

Scrambled eggs, bacon, spinach, tomato relish

Sausage

Italian sausage, rocket, bbq sc, caramelised onion

Big Breakfast

Scrambled eggs, bacon, sausage, spinach, tomato relish



MIXED

Chicken Schnitzel

Chicken schnitzel, cos lettuce, bacon, boiled eggs, caesar dressing

Grilled Chicken

Grilled chicken, lettuce, tomato, rocket lettuce, balsamic glaze

Spicy Chicken

Perry perry chicken, lettuce, cucumber, plain mayonnaise

Poached Chicken

Poached chicken, lettuce, tomato, cucumber, onion, Italian dressing

MEATBALL

Pan fried meatballs, lettuce, tomato, lettuce, tomato relish

Roast Beef

Roast beef, potato salad, lettuce, mustard mayonnaise

Lamb Hommus

Sauteed lamb, hommus, tabouli, olive oil

Meat Lovers

Bacon, Italian sausage, prosciutto, salami, lettuce, tomato relish

Prawn

Prawn mayonnaise, cos lettuce, onion, cucumber

Tuna

Tuna mayonnaise, rocket, cucumber

Prosciutto

Prosciutto, semi dried tomatoes, shaved parmesan, rocket salad

Salami

Salami, semi dried tomato, roasted capsicum, green olive, salad

Ham

Ham, tomato, cheese, salad, mustard mayonnaise

Porchetta

Porchetta, caramelised onions, grilled eggplant, rocket lettuce



VEGETARIAN

Mixed

Cos lettuce, carrot, cucumber, onion, mushrooms, tomato light dressing

Caprese

Tomato, bocconcini, olive oil, basil, rocket lettuce

Falafel

Falafel, hommus, garlic mayonnaise, tabouli

Grilled Haloumi

Grilled haloumi, lettuce, tomato, light dressing

Mediterranean

Grilled eggplant, grilled zucchini, grilled pumpkin, roasted capsicum, rocket, shaved parmesan



Breakfast Wrap Box 20 wraps for \$45
 Mixed Wrap Box 20 wraps for \$65
 Vegetarian Wrap Box 20 wraps for \$65